



What is Step Up?

Step Up is our one-on-one mentoring programme for 12 to 18-year-old secondary school aged young people. We meet outside of school hours in the evenings. You will have one young person you're responsible for building a mentoring relationship with, but you'll be part of a bigger group of mentor/mentee partnerships so never on your own.

Your Role

Your role will be to connect, engage and motivate the young person. You will spend time chatting, listening, asking questions, engaging in activities and games. You will provide a consistent reliable role model for them. Every term you'll attend a trip to somewhere fun with your mentee and the larger group.

What are we looking for?

Good listening skills, empathy, a personable approach, commitment to showing up for the young person even if they don't show up for you, an ability to laugh at yourself, or not take unhelpful comments personally. Young people may test your boundaries at first. We need you to adhere to Solas Project's policies including our Child Protection Policy and code of behaviour for volunteers. This involves attending training and team meetings.

What will I gain?

There is great peer support in this role. You'll be part of a team. There will be always a staff member available for advice and practical guidance. This is a rewarding experience of getting to be a positive influence in the life of a young person growing up in challenging circumstances. It's a great opportunity to help us work towards creating a more inclusive, equal society.

Practicalities

Step Up runs Tuesdays and Wednesday from 6pm – 7.30pm at Saint Catherine's Church, Thomas Street, Dublin 8. Only 10 minutes' walk from Christchurch cathedral, and 5 minutes from Merchant's Quay.

Time Commitment: We ask that you commit one evening a week for the minimum of one academic year which is September – May.

Screening details for this role:

- Application Form
- Garda Vetting
- ID check
- Informal Interview
- References

Appropriate training will also be mandatory.

IF YOU ARE INTERESTED IN THIS VOLUNTEER ROLE, PLEASE CONTACT
EMILY@SOLASPROJECT.IE